



Rifle Specification

CRPC Clarification of NSRA Rules

Small-bore Prone Specification (NSRA Rules 8.3)

- All rifles chambered for rimfire 5.6 mm Long Rifle (.22" LR) cartridges are permitted.
- If the rifle has a **magazine**, only **one** cartridge may be loaded.
- The use of specialist clothing and a support sling is permitted.
- Sights must be iron or aperture sights, telescopic sights are not allowed.

Benchrest Rifle Specification (NSRA Rules 8.16)

- All .22 LR rimfire rifles, air or CO2 rifles of calibre 5.6 mm (.22") or less are permitted.
- Rifles fitted with **magazines** may only be loaded with **one** cartridge or pellet.
- Shooters can use either a sling or a fore-end rest to support the rifle (but not both).
- The rifle may be supported and held as shown in the NSRA benchrest clarification document.

Lightweight Sporting Rifle (LSR) Specification (NSRA Rules 8.3.3; 8.9)

All .22 LR rimfire rifles and air or CO2 rifles of calibre 5.6 mm (.22") or less are permitted, subject to:

- The overall weight, including sights and all other accessories, shall not exceed 4.5 kg
- There is no minimum trigger weight restriction but it is the responsibility of the shooter to make sure that it is safe. The RCO has the authority to rule that a trigger is unsafe.
- The stock may be adjustable for length
- The cheekpiece may be adjustable
- The fore-end: Adjustments and additions are permissible up to 150 mm from bore centre within the profile of the stock. Simple shaping to aid grip is permissible but this must not be anatomical, i.e. they must not be shaped to closely conform to the contours of the hand
- The curvature of any butt plate is such that at maximum depth (from a line drawn between the toe and heel of the plate) is not greater than 20 mm. No butt hooks are permitted
- The butt plate may be adjustable vertically in either direction without rotation
- Slings are not permitted in any position.

LSR Clothing Specification

- Conventional street clothing appropriate to the weather conditions must be worn
- Shoes must not cover the ankle
- Use of specialist clothing or a support sling is not allowed.
- Use of a glove is allowed

Standing Position (NSRA Rule 8.13)

- The receiver should not be ahead of the 20 yard mark
- Any shooter using a semi-automatic rifle must be 1.8m from the adjacent shooter
- The shooter must stand free with both feet on the firing point surface or on the ground cloth without any other support. The rifle must be held with both hands and the shoulder, the cheek and the part of the chest next to the right shoulder; however, the rifle must not be supported by the jacket or chest beyond the area of the right shoulder and right chest. The left upper arm and elbow may be supported on the chest or on the hip. In the free rifle and sport rifle events a palm rest may be used. In this position, the use of the sling is prohibited for all rifles.